

GLC athlete commitment form 2015

Greater Levels Cheer

(GLC)

Child Athlete Commitment Form

Athlete's name _____ division/level _____

Athlete's signature _____ date _____

1. I will honor my commitment to my team by attending all scheduled practices and events in a timely manner and will put forth my best possible effort.
2. I will agree to attend and be on time for all practices , meetings and will agree to accept the consequences when late . If it is necessary for me to miss a practice or event for reasons other than illness, I will notify the coach as far in advance as possible.
3. I understand that I may miss participating in any event is I miss practices or arrive late on event day.
4. I further understand that a lack of attendance or chronic tardiness may result in my ineligibility as a cheerleader (i.e. drop status from the squad).
5. I will personally notify my coaches, in advance, if I am unable to attend a practice or game.
6. I will show up for practice prepared and wearing the appropriate attire (cotton or spandex shorts, form fitting T-shirt / tank top and proper cheer shoes. My hair will ALWAYS be pulled back into a pony tail / braid and my bangs will never obstruct my view. Water is the only drink permitted
7. I am aware that my body odor can be very offensive to others, so I promise to attend every practice / event with good personal hygiene.
8. I will demonstrate my respect for my teammates, coaches, opponents and officials through my actions and words.

9. I will listen to and respect my coaches, who are the instructional authority for my squad.
10. I understand the coaches are the ones who have committed to sacrificing large amounts of their personal time in order to work with us. I commit myself to supporting them in all ways possible. I specifically commit to refraining from criticizing him or her to others. If I have concerns, I will speak directly with the coach / coaches in a private manner.
11. If I am participating on another sports team at the same time as my participation on a GLC team, I will give priority to my GLC team commitment over other team unless satisfactory arrangements have been made in advance with my coach.
12. As part of the GLC sports creed, abusive or profane language is considered unacceptable and may result in suspension or dismissal from the squad. I understand the use of tobacco products, alcohol, or any illicit drug products will result in automatic dismissal from any GLC sports team.
13. I am aware there is a potential for injury that could result in temporary or permanent danger, so I vow to put safety first to protect myself and my teammates.